

Newton Abbot Homeopathy Newsletter

Winter 2014

It's been quite a winter, and a while since I've been in touch but I have another wonderful homeopathy story to share, this time from my daughter who writes:

My two year old son was diagnosed with one sided cerebral palsy. We were told he wouldn't walk without intervention. One of his legs had muscle like jelly and was very tight. Doctors talked of Botox in his treatment plan and an operation to lengthen the tendon as he gets older. He had casts made for splints which he would need to wear day and night. The day after they diagnosed him and told me he wouldn't walk without intervention I took him to my mum who gave him the remedy Baryta-carb. I took him home; he woke from his nap and walked across the room!!! It was early days still and we wondered if it was a coincidence but within a week his rough skin became smooth, his tempers and frustrations became a lot less frequent and he was a lot less clingy and shy. Now it's been a good few months and he's had his remedy repeated a few times. He has splints and has tried them on but he won't wear them. Despite this and having nothing else but homeopathy he can stand with both heels completely on the ground! His muscle now feels like muscle and his tendons are a lot less tight. I do also feel that by

not vaccinating him, it gave his brain a chance of healing rather than dealing with all the toxins. Health professionals say this is all impossible. They say you cannot undo the damage of cerebral palsy, yet his foot is all the way down. He still walks on tiptoe sometimes and his speech is a little behind but I am excited and very optimistic that he will be symptom free after not too long. I can't see that he even needs the splints now, and certainly not Botox or an operation. I'm so happy for my little boy and so grateful for homeopathy.



Ryan (with Emily, his twin sister)

I'm sure you can see why we're all thrilled with this result, and we're sure that Ryan will be able to go on and lead a perfectly normal life now – thanks to homeopathy!



Newton Abbot Homeopathy is on facebook. 'Like' us to get health and homeopathy tips and news or to ask questions about homeopathy.

This newsletter is given with compliments by your local homeopath:

Sue Price RS Hom

Newton Abbot Homeopathy, 76 Woodleigh Road, Newton Abbot, TQ12 1PW.

Tel: 01626 201107

www.newtonabbothomeopathy.co.uk

Colds and Flu

Homeopathy has a wonderful reputation for treating colds and flu, and if caught early enough, aborting them completely.

It's worth having access to a homeopathic first aid kit so that you can take a remedy quickly to help with ailments like this.



Always look for the most outstanding features of the cold to match the most outstanding features of the remedy.

Aconite is the number 1 remedy for nipping colds in the bud and is useful in the early stages of colds, fevers and sore throats. This remedy helps when symptoms have come on quickly, often after exposure to cold. There can be a lot of sneezing with pain at the root of the nose and dry mucous membranes. You will feel worse towards evening and night time and better for fresh air and rest.

In contrast **Bryonia** symptoms come on slowly and the sufferer will feel worse for moving around. The patient may start to sneeze and a hard, dry cough can develop. The lips and mouth dry up and there is a great thirst. A dose of **Bryonia** can stop the symptoms reaching the chest. It is also a good remedy for children who develop dry coughs at the beginning of winter and seem unable to shake them off.

Gelsemium is the number 1 remedy for flu when you feel dull and sluggish, and often have a headache at the back of the neck. There will be chills and shivering with aching muscles in the limbs and back. Colds and flu responding well to **Gelsemium** usually come on gradually and are worse for cold, damp weather.

There are many other homeopathic remedies to choose from and a simple book or first aid kit will help you to select the correct remedy.

Patients undergoing homeopathic treatment often notice that they get far fewer colds and influenzas because their immune system has improved.

GOOD NEWS!

If you recommend a friend and they let me know that you have recommended them, I will send you £10 (or £5 for a child's consultation) as a thank you.

Some Homeopathic Philosophy

Symptoms of illness are our body's attempts to adapt to and respond to infection, or a stress of some kind. As unpleasant as symptoms can be, they are our body's best efforts to defend and heal themselves. Using conventional medicine to stop or suppress a symptom may be effective temporarily, but because symptoms such as fevers, diarrhea, nasal discharges, or even high blood pressure are a natural defense, drugs that stop these symptoms may provide a short-term benefit, but they also reduce our ability to get over the illness. More significantly and more seriously, conventional medications may actually suppress the disease, thereby creating deeper and more serious illness. Homeopaths value symptoms – they help us to find out where the imbalance is and help us find a remedy which stimulates your body's own healing process. Symptoms then cease because the body has no need to respond to a problem – and health is restored.

8 cups of water a day will...

- Increase metabolism (cold water)
- Fill you up (hot water)
- Aid in weight loss
- Flush out toxins
- Get you healthier skin
- Reduce risks of certain cancers
- Help digestion and constipation
- Relieve fatigue
- Improve overall health

AND ALL FOR 0 CALORIES!

100pounds100days.tumblr.com



This newsletter is for guidance only; please always seek the advice of your homeopath if you are unsure about using homeopathy. Remember, your homeopath can help with many health problems that you may not realise homeopathy can treat. Phone up and find out.